

HOW TO PARTICIPATE IN SCHOOL SOCCER

In an attempt to help parents with students looking to join soccer for the first time, we put together a “**What to Know**” list for you!

1. **Register your email** to get updates from www.etownsoccer.com (very important communication tool for the program)
2. **Attend the "Open Turf" nights** over the summer. These fun pickup games are held Monday & Wednesday evenings (6:30pm-8:00pm). Depending on field availability, these will be located either at East High Elementary or the Turf Field at the High School (“Rising” Grades 7-12 only).
3. **Quad Camp** – this event takes place each year in June at Hempfield High School. This is a 4-night event with instruction by college coaches. While not mandatory, it is an awesome event and great for team building. Please register at <https://etownsoccer.com/2022/05/26/junior-high-and-senior-high-quad-camp-sign-ups/>. There is a small fee, but if money is an issue, please speak to the Head Coaches listed below (**2022 dates:** 6/20-6/23, “Rising” Grades 7-12).
4. **School Sports Physical** – due by 8/3/22
Physical Form & Information Link: <https://www.etownschools.org/domain/1299>
5. **Tryouts** – High School tryouts begin on 8/15, Junior High tryouts begin on 8/22. If you make the team, there is a small participation fee. If money is an issue, please speak to the Head Coaches listed below.
6. **Practices** – will be held Monday-Friday during the season (Aug-Oct). Junior High practice times are in the evening from 5:30pm-7:30pm.
7. **Games** – Links below by team
High School: <https://arbiterlive.com/Teams/Schedule/4634546>
Junior High: <https://arbiterlive.com/Teams/Schedule/6227334>

Contact Information:

High School Head Coach – **James Sostack**, james_sostack@etownschools.org

Junior High Head Coach – **Ben Myers**, benjamin_myers@etownschools.org

